Vision Collage

Unit:	Skills
Trail:	Trail to Knowing Me
Group Size:	Individual
Time:	30-45 minutes

Activity Objective (*What is the main thing you want youth to learn, practice, or improve?)***:**

For students to identify and use their Sparks for goal setting. Increase self-knowledge and improve planning.

Essential Question (*How does the activity relate to the unit objective?)***:**

What are some things that have gone well this school year? What accomplishments have you made? What goals do you want to accomplish before the end of the school year?

Supplies and Teaching Resources *(including books, websites, handouts, etc)***:**

Beach ball w/ phrases, poster board, sketch paper, magazines, markers, scissors, glue, other materials that are on hand.

Prep Before Lesson (*List all tasks to be completed before lesson implementation)***:**

Tape questions to ball. Have supplies set aside on craft table.

Introduction *(5-10 minute intro of the point of the activity to build excitement/interest)***:**

Warm-Up: Have students stand in a circle (teachers join too). One of the teachers will start by passing around the beach ball. The beach ball will have questions taped on it and students will have to answer the question that is closest to their right thumb when they catch it. Students will continue to pass the ball around the circle after they have answered their question.

Kid-Friendly Stated Purpose of Activity:

Now that we've talked about our interests, sparks, and goals we're going to make vision collages! Start thinking about your accomplishments and goals that you want to display on your vision collage. It's important to recognize our successes and accomplishments, as well as think about our goals for the future!

Activity Instructions (*25-45 minute)***:**

1. **Plan:** have students reflect on their accomplishments/ successes this year, as well as think about their goals for the future.
2. **Supply & Create:** pass out supplies once students have formed their lists.
3. **Share:** have students share with each other, volunteers can share with the entire group.

Notes: Remind students that accomplishments and goals can be anything, not just school related.

Processing *(questions asked during the activity to encourage learning and understanding)***:**

Strategy *(mode of getting children to share during the activity about what they are doing)*:
Questions:

- What has gone well this school year? What do you wish had gone differently?
- What would you like to accomplish before the school year begins again?
- What goals do you have for this summer? If you could do anything, what would it be?

Reflection *(5-10 minutes)*:

Strategy *(method of getting children to reflect on their experience)*:

Questions:

- What's your strategy for following through on your goals and developing your interests?
- How do your accomplishments and successes make you feel? How do you handle set-backs?
- How can you turn a set-back into a positive?

Inclusiveness **Empathy** **Confidence** **Conflict Resolution** **Life Skills** **Nature**

Students will reflect on accomplishments/ successes and develop confidence. They will also learn how to reflect on setbacks and practice goal setting for the future.